

Are you a
HEALTHCARE
PROFESSIONAL?

Did you know?

Healthcare professionals

are **10 TIMES**

more likely to catch the flu.⁽¹⁾

At least

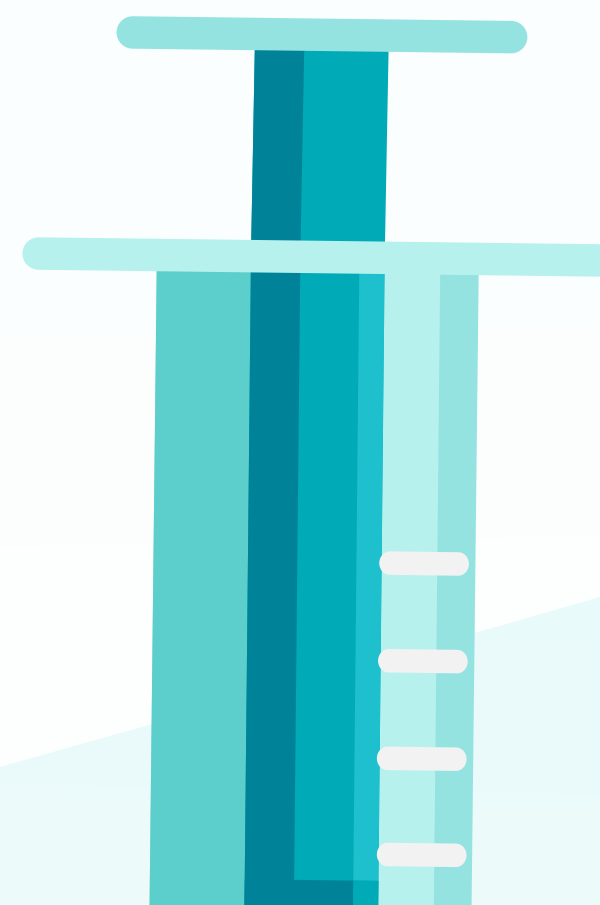
20%

of healthcare professionals develop the flu each year.⁽¹⁾

Healthcare professionals can unintentionally **spread the flu virus to their patients** before they experience any symptoms of being ill.⁽¹⁾

It is vital for healthcare professionals to protect themselves against the flu in order to protect their patients⁽¹⁾.

And the most effective way to prevent influenza is to get vaccinated.⁽²⁾



As healthcare professionals regularly interact with people with serious underlying illnesses, **all healthcare professionals should consider being vaccinated against the flu. This includes⁽¹⁾:**



DOCTORS



NURSES



PARAMEDICS & AMBULANCE PERSONNEL



DENTISTS



LONG-TERM CARE FACILITIES STAFF

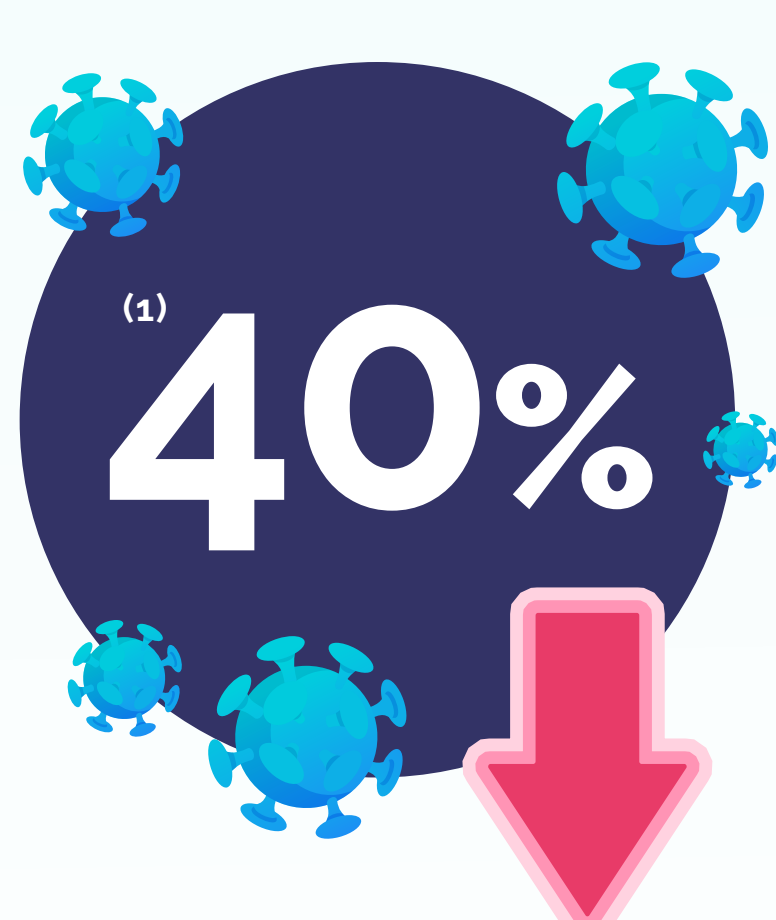


HOSPITAL OR HEALTH FACILITY SUPPORT AND ADMINISTRATIVE STAFF



HOME CARE PROVIDERS

Vaccination of healthcare professionals has been demonstrated to reduce death rates by influenza by



In addition to getting vaccinated, healthcare professionals can follow these precautions⁽³⁾:



Wear a mask when you are in close contact with a patient



Stay home when you are ill



Washing your hands frequently



Ensure your surroundings are clean and disinfected regularly



Avoid touching your eyes, nose and mouth

Sources

(1) Why flu vaccine is important for healthcare workers. HSE National Immunisation Office. Available at: <https://www.hse.ie/eng/health/immunisation/pubinfo/flu-vaccination/healthcare-workers/why-flu-vaccine-is-important-for-healthcare-workers.html>
Accessed on: 12 August 2022

(2) Seasonal influenza vaccines. ECDC. Available at: <https://www.ecdc.europa.eu/en/seasonal-influenza/prevention-and-control/seasonal-influenza-vaccines>
Accessed on: 12 August 2022.

(3) Protect yourself against flu: Learn more about preventive measures, ECDC. Available at: <https://www.ecdc.europa.eu/en/seasonal-influenza/prevention-and-control/personal-protective-measures>
Accessed on: 12 August 2022

Don't let the flu bug you

Find out how to fight the flu: www.influenzahub.com

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